



**CLUBUL SPORTIV
ELECTRO SISTEM**



OFFICIAL TRAINING CAMP # 3

Baia Mare, România

26.06 – 01.07.2023



BULLETIN



The third training camp in Baia Mare will take place before JWOC 2023, 26.06-01.07.2023.
Bellow in this bulletin you can find all the data you need, in order to participate here!

We wil provide a complete series of maps with courses, samples can be viewed here:

https://drive.google.com/drive/folders/1YdtSIBbcHOfxLSYusMxlpP5ZodFviuDR?usp=share_link

All maps will be printed on waterproof paper, and each map costs 6 Euro. You can order the desired maps by email to info@jwoc2023.ro . At arrival, ordered maps can be picked up from Rivulus Hotel reception, 24h/day. All the races in the forest will have materialized controls, with red/white painted wooden sticks. There will be paper controls installed in the sprint races.

No SPORTIdent stations will be set up during the Official Training Camp no. 3.

Also maps without routes can be preordered, that will be delivered, via email, in *.jpeg format, 300 dpi resolution, to plan your own courses. Also in this case, requests shall be sent to info@jwoc2023.ro, including the number of athletes that will use the maps. In this case, the printing of the maps is in teams' responsibility. The cost is the same, 6 Euro/athlete.

OFFICIAL TRAINING CAMP # 3

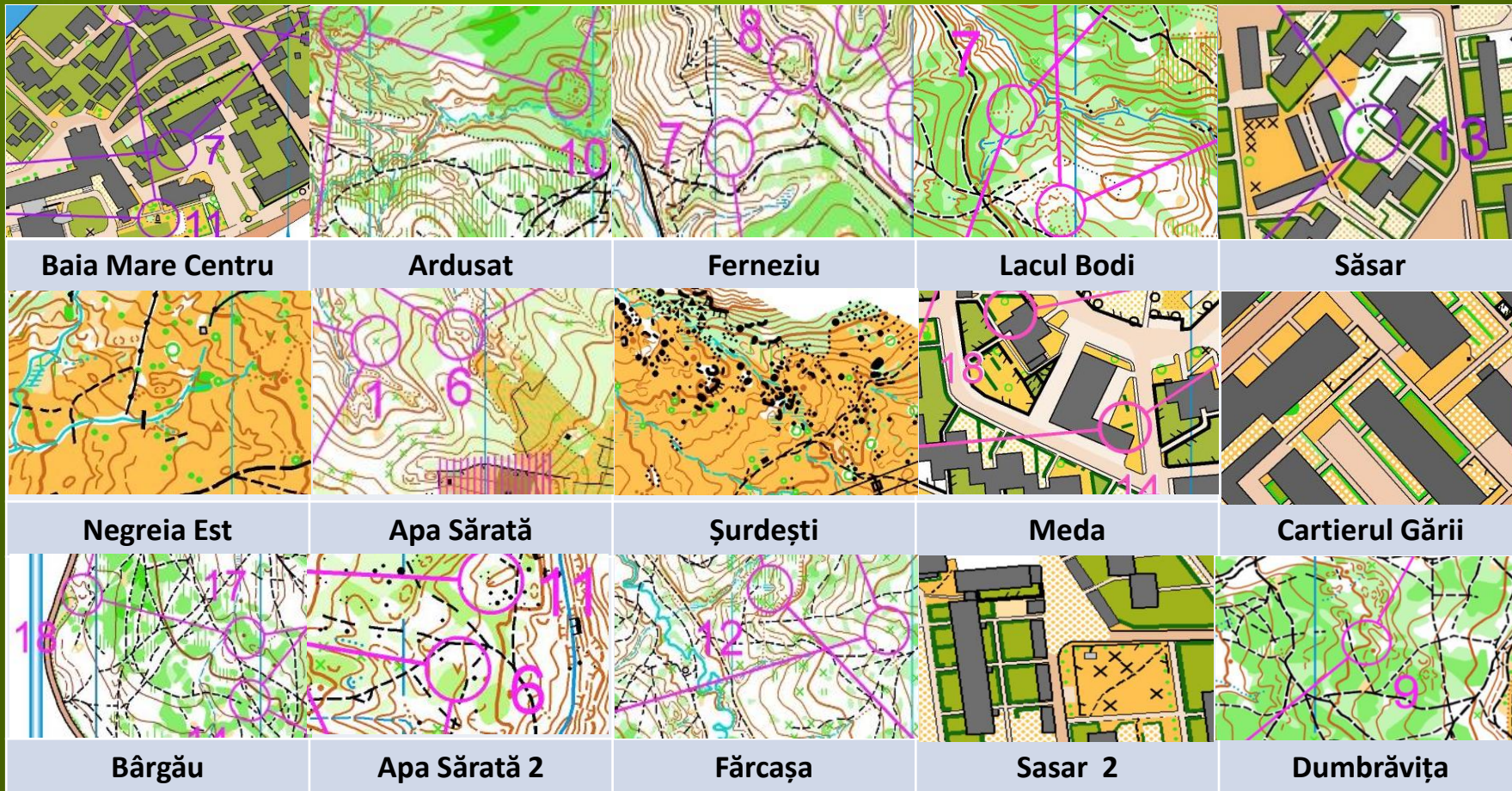
For each training area, the parking and/or arrival locations are as follows:

Ardusat, Arduşat 2	Parking coordinate	8,3 km and 6,8 km, 5,7 km and 4,9 km
Apa Sărată	Parking coordinate	5,3 km and 4,5 km (no paths)
Apa Sarata 2	Parking coordinate	4,1 km and 3,6 km
Baia Mare Centru	Parking coordinate	3,7 km
Bârgău	Parking coordinate	6,4 km si 5,5 km
Cartierul Gării	Parking coordinate	2,3 km si 2,1 km
Cărbunari	Parking coordinate	9,2 km si 8,3 km
Dumbrăvița	Parking coordinate	7,1 km and 5,6 km
Ferneziu	Parking coordinate	2 loops: 2,2 km and 1,8 km
Ferneziu 2	Parking coordinate	9,0 km and 7,0 km
Fărcașa	Parking coordinate	10,0 km and 6,5 km
Lacul Bodi	Parking coordinate	4,6 km and 3,2 km
Meda	Parking coordinate	2,6 km and 2,2 km
Negreia Est	Parking coordinate	4,9 km si 3,7 km
Săsar	Parking coordinate	3,0 km and 2,5 km
Săsar 2	Parking coordinate	2,5 km and 2,2 km
Șurdești	Parking coordinate	8,4 km and 7,4 km

Coordinates shall be given also on the maps

All training areas are a maximum of 25 km from Baia Mare (max. 30 min. driving).

Map samples



More map samples





Accommodation and meal

Accommodation and meals are in the responsibility of the participants. The organizers fixed prices at official accommodation places, in such a way that you benefit from the same rates for beds and meals, no matter how many days teams want to come in advance before JWOC.

Transport

Transport is the responsibility of the participants. The organizers can provide transport according to this official schedule, fee is 5 Euro/ training / person (include transport to/from training areas):

- 26.06 – Bargau (9.30 o'clock)
- 27.06 – Carbunari (9.30 o'clock)
- 28.06 – Negreia Est (9.30 o'clock) and Dumbravita (16.00 o'clock)
- 29.06 – Surdești (9.30 o'clock)
- 30.06 – Lacul Bodi Ferneziu (9.30 o'clock).
- 01.07 – Ardușat (9.30 o'clock)

Outside of this schedule we recommend using the sprint areas, where there is no need for transport. Please send your requests regarding transport to info@jwoc2023.ro before 22th of June 2023. No late requests may be fulfilled.

Clothing

There are not special regulations applying to runners concerning the type of clothing they choose to wear, but the organisers recommend to use of long trousers for the forest training. It is forbidden to use shoes with spikes in the Sprint training areas.

VISIT BAIA MARE – MARAMURES!

<https://www.visitmaramures.ro/en>



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BAIA MARE MUNICIPALITY



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