



## OFFICIAL TRAINING CAMP # 1

*Baia Mare, România*

*29.08 – 03.09.2022*



# BULLETIN 1





**SEEOC  
SEEOC  
2022**

The first training camp in Baia Mare will take place immediately after the South-East European Orienteering Championships SEEOC 2022, competitions that will take place in Victoria - Romania, between August 22-28, 2022. You are invited to participate in these competitions, because the fields and areas competition are generally similar to those at JWOC 2023 in Baia Mare. You can find out more details here: <https://seeoc2022.ro/> and <https://seeoc2022.eu/>

Airports nearby Victoria:

- Sibiu, 60 km ( 1 hour of driving)
- Targu Mures, 135 km (2 hours of driving)
- Cluj Napoca, 230 km (2 hours 30 min. of driving)
- Bucharest 250 km ( 4 hours of driving)

The organizers of JWOC 2023 can provide the transfer from Victoria to Baia Mare for a fee, 25E per person (400 km, 5 hours of driving).

For any other details regarding the registrations for the South East European Orienteering Championship, accommodation and meals for this competition, local transport for this competition or the transfer from Victoria to Baia Mare do not hesitate to contact us at [info@jwoc2023.ro](mailto:info@jwoc2023.ro) and we will help you with any problem.

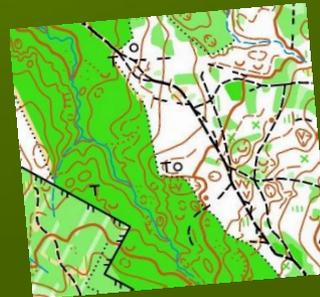
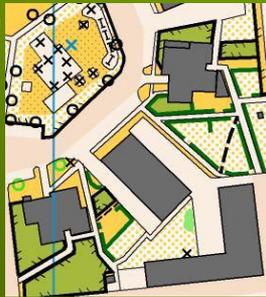
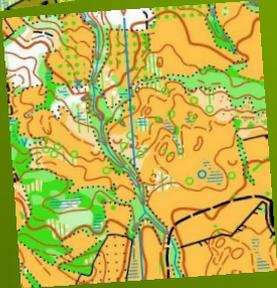
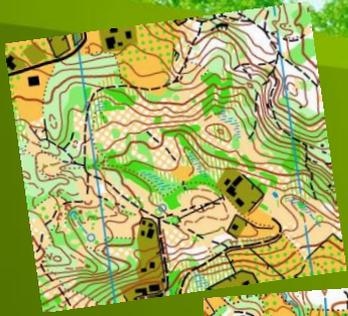
# OFFICIAL TRAINING CAMP # 1

The first official JWOC 2023 camp will take place in Baia Mare between 29.08-03.09.2022, according to the next schedule:

<b>PRELIMINARY PROGRAM TRAINING CAMP #1</b> 			
28.08	Arrival	All day	-
29.08	Arrival	All day	-
	Sprint training	17.00	Cartierul Sasar
30.08	Forest training	9.30	Dumbravita
	Forest training	16.30	Apa Sarata
31.08	Forest training	10.00	Dealul Minei
	Sprint training	17.00	Meda
01.09	Forest training	10.00	Arduzat
	Sprint training	17.00	Baia Sprie
02.09	Forest training	9.30	Farcasa
	Sprint training	17.00	Cartierul Sasar
03.09	Forest training	9.30	Mogosa
	Departure	All day	-

All training areas are a maximum of 25 km from Baia Mare (max. 30 min. driving).

# Map samples



# Accomodations and prices

	Accomodation&Training maps		Lunch+ Diner
	In double room (per person/day)	In triple room (per person/day)	(per person/day)
Hotel***	26 E	24 E	15 E
Hostel	15 E	13 E	12 E
Accomodation with self catering	15 E	15 E	-

**Accomodation&Training map includes: accommodation, breakfast and 2 training maps/day. Accomodation with self catering not include breakfast.**

**If you just want to buy training maps, each maps cost 5 euro. All maps are professionally printed on waterproof paper.**



## **PUNCHING SYSTEM**

**Sport Ident punching system will be use in all training. Stations will be open for SI air+.**

## **CLOTHING**

**There are not special regulations applying to runners concerning the type of clothing they choose to wear, but the organisers recommend to use of long trousers for the forest training. It is forbidden to use shoes wit spikes in the Sprint training areas.**

## **REGISTRATION**

**All registration for accommodation, food, training maps or any other request must be sent to [info@jwoc2023.ro](mailto:info@jwoc2023.ro)**

**Bulletin 2 for Official Training Camp # 1 will be published in early July**